



Partnership
— Care London Ltd —

DAY OPPORTUNITY



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OUR FACILITIES:

At our day opportunity program, we are proud to offer a range of facilities designed to cater to the unique needs of individuals with learning disabilities, autism, and ADHD. Our facilities are safe, accessible, and well-equipped to provide a comfortable and stimulating environment for our service users. Some of the key features and services we provide are:

VISUAL TIMETABLES:

We use visual timetables to help individuals understand and navigate their daily routines. This visual support promotes structure and organisation.

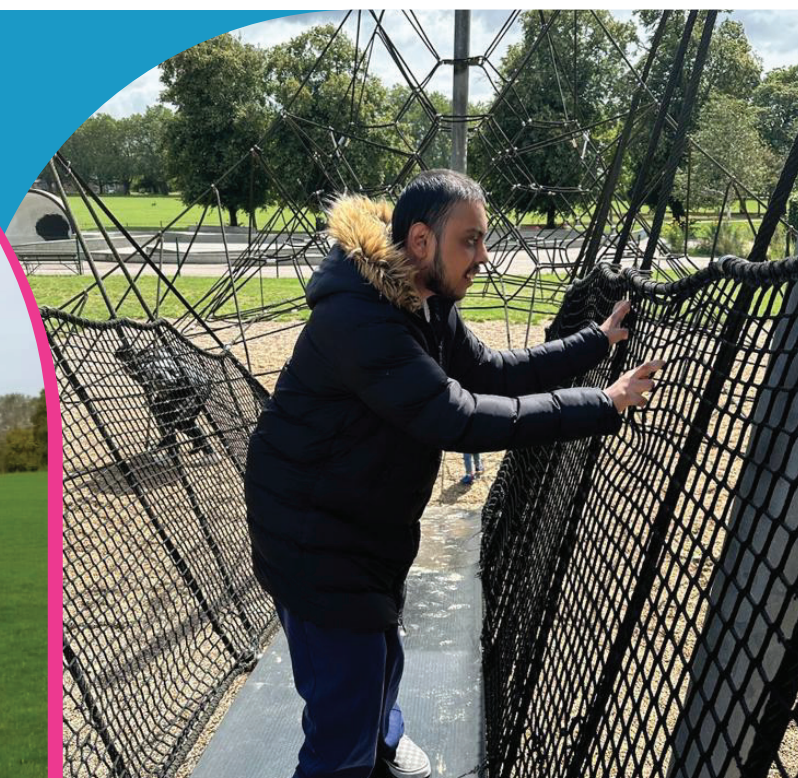


ACTIVITIES:

We offer a diverse range of activities that are designed to promote learning, social interaction, and independence. These activities are carefully tailored to meet the specific needs and interests of each individual. Our program provides both outdoor and indoor activities to cater to different preferences and abilities.

OUTDOOR ACTIVITIES:

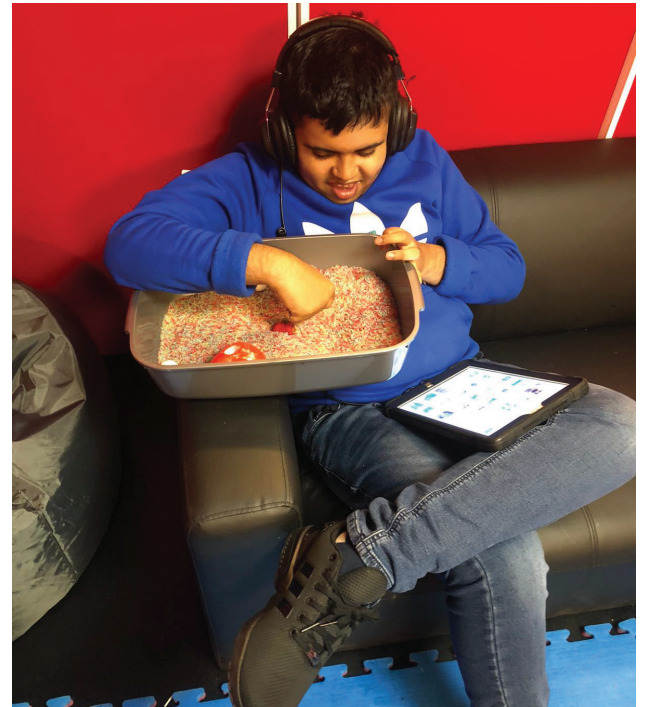
Our outdoor activities aim to facilitate physical exercise, sensory stimulation, and community involvement. These activities may include group sports, gardening, open gym, cycling, swimming, nature walks, and excursions to local parks and recreational areas. Our trained staff ensures that appropriate accommodations and support are provided to maximise the participation and enjoyment of all participants.





INDOOR ACTIVITIES:

Our indoor activities are designed to foster creativity, cognitive development, and social skills. These activities may include independent living skills, arts and crafts, music therapy, sensory play, computer skills training, and educational games. We provide a range of tools and resources to facilitate learning and engagement in a safe and structured environment.



COMMITMENTS FOR QUALITY SERVICES:

We are dedicated to providing high-quality services to our service users. We uphold the following commitments to ensure the well-being and development of the individuals in our program:

Individualised Support Plans:

We develop individualised support plans for each service user, taking into consideration their unique strengths, needs, and goals. These plans are regularly reviewed and updated to ensure ongoing progress and support.

Positive Behavior Support Strategies:

We employ positive behavior support strategies to promote positive behaviours and reduce challenging behaviours. Our staff are trained in these strategies and work collaboratively with families and schools to implement consistent approaches in all settings.

Safety intervention training:

At our organisation, we have a strong focus on safety intervention training, particularly in the CPI (Crisis Prevention Institute) methodology. We take pride in having a dedicated CPI safety intervention trainer as part of our team who is readily available on-site to deliver this training. With our dedicated CPI safety intervention trainer, we are able to deliver high-quality training on-site. Our trainer has extensive knowledge and experience in crisis prevention techniques, de-escalation strategies, and physical intervention methods. We understand the importance of providing comprehensive and effective training to ensure the safety and well-being of our clients.



Trained and Experienced Staff:

Our staff members are highly trained and experienced in working with individuals with learning disabilities, autism, and ADHD. They have the knowledge and skills necessary to provide effective support and create a nurturing and inclusive environment.

Collaborative Approach with Families and caregivers:

We believe in the power of collaboration between parents, caregivers, and educators. We work closely with families and caregivers to ensure continuity of care and align our programming with the individual's goals and needs.





Individualised Goal Setting:

We work with each service user to set individualised goals, whether it be in areas of social skills, communication or independence. We regularly monitor progress and adjust goals accordingly.

Regular Communication and Updates:

We maintain open lines of communication with parents and

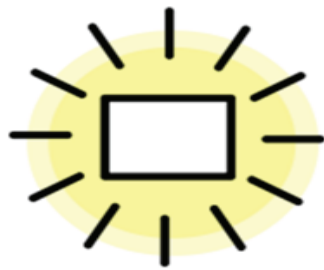
caregivers. We provide regular updates on the individual's progress, challenges, and achievements, and actively seek input and feedback to ensure a holistic and effective approach.

Transitions Support:

We understand that transitions can be challenging for individuals with learning disabilities, autism, and ADHD. We provide dedicated support during transitions, whether it be transitioning from school to our day opportunity program or transitioning to adulthood and independent living.



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Inclusive and Supportive Environment:

We foster a culture of inclusivity and support, where each individual is valued and respected. Our program promotes acceptance, understanding, and diversity, ensuring that all participants feel included and empowered.

Safety and Security Measures:

We prioritise the safety and security of our service users. Our facilities are equipped with necessary safety measures, and our staff are trained in safeguarding and crisis management.

Person-Centred Approach:

We embrace a person-centred approach, where the individual's preferences, strengths, and interests guide our programming and support. We strive to empower individuals to make choices and decisions that positively impact their lives.

Continuous Skill Development and Learning Opportunities:

We provide ongoing skill development and learning opportunities to promote personal growth and independence. Our program offers a range of educational, vocational, and life skills training tailored to the individual's abilities and goals.

Social and Emotional Support:

We recognise the importance of social and emotional well-being. Our program includes dedicated socialisation activities, peer support opportunities, and access to trained professionals who can provide emotional support and counseling if needed.

Community Integration:

We actively promote community integration and involvement. Our program provides opportunities for individuals to engage with their local community through volunteer work, participation in community events, and access to community resources.





Regular Assessments and Progress Monitoring:

We conduct regular assessments to measure progress and identify areas for improvement. These assessments help us tailor our support and interventions to meet the individual's changing needs.

Regular Meetings and Feedback Sessions:

We value open and transparent communication with parents and caregivers. We hold regular meetings and feedback sessions to discuss the individual's progress, address concerns, and collaborate on strategies for support.

Flexibility in Scheduling and Programming:

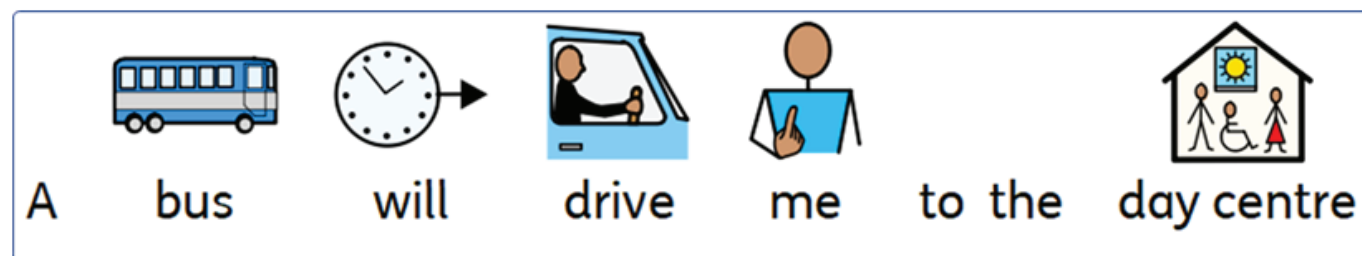
We understand that individuals with learning disabilities, autism, and ADHD may have unique scheduling needs. We strive to accommodate these needs by offering flexible scheduling options and personalised programming.

Inclusive Recreational Activities:

We provide inclusive recreational activities that are accessible to all individuals. These activities promote physical fitness, socialisation, and enjoyment.

Accessible Transportation Options:

We offer accessible transportation options to ensure that individuals can easily access our day opportunity. Our transportation is equipped to accommodate individuals with mobility challenges and other special needs.



By providing comprehensive facilities, a wide range of activities, and a commitment to quality services, we aim to empower individuals with learning disabilities, autism, and ADHD to reach their full potential and lead fulfilling lives. We welcome parents, families, and school teachers to visit our day opportunity program and witness the positive impact we make in the lives of individuals with special needs.



Partnership

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